

2018 Philmont Trip

The basic information about the trip is provided below, if you should have any questions please don't hesitate to call or write.

Trip dates & cost

July 20-August 11 2018 (this includes the actual Philmont trek 7/28-8/9 and site seeing –see the tentative itinerary below).

The estimated trip cost is \$1800-1900. Payment schedule: \$300 by 9/18, \$300 by 2/15/18 and the balance by 5/15/18. All check should be made payable to Troop 4 Clinton.

Medical Form

Attached is the Philmont Medical Form. All participants must have a physical exam within one year of participating in Philmont (8/9/18).

Training

In order to make sure the kids are ready to complete the trek at Philmont we will conduct a number of training hikes to get the boys familiar with backpacking, their equipment and orienteering skills they will need.

Training hikes are designed to:

- 1.) Get the boys accustomed to backpacking – carrying 25-30% of their body weight on their back for 5-8 miles a day (depending on the Philmont treks the boys choose, this is what they can expect).
- 2.) Get the boys accustomed to packing for a trip; what's needed, weight considerations, how their pack should be packed.
- 3.) Brush up on orienteering skills and practice backwoods camping.
- 4.) Working together as group.

We will schedule two or three more training hikes – All participants need to complete a minimum of three training hike.

Equipment

Please let me know if you have any questions regarding equipment purchases. The major pieces of equipment are listed below.

Packs: The link below provide good information regarding for purchasing a pack. Since we will be carrying ten days' worth of equipment, food and water the recommended pack size is 75L.

<https://www.rei.com/learn/expert-advice/backpacks-adjusting-fit.html>

Boots: Most of the guys choose light weight hiking boots which have a shorter break in period and are more comfortable in hot weather.

Sleeping bag: Nights can be cold at Philmont so they recommend a 20 degree bag which weighs less than 5lbs and compresses.

Rain gear: Water proof, breathable and lightweight is best.

Tentative Trip dates and Itinerary

At this point the schedule is tentative; the only firm dates are the day we are at Philmont.

- 7/20 Leave Boston fly to Phoenix, camp at the Grand Canyon -2 nights
- 7/22 Leave Grand Canyon – travel to Zion NP, UT 2 nights– (visit Hoover Dam)
- 7/24 Leave Zion National Park travel to Mesa Verde NP, CO - 2 nights
- 7/26 Leave Mesa Verde – travel to Heron Lake State Park, NM - 1 night
- 7/27 Leave Heron Lake - travel to Pilar, NM - 1 night (½ day of rafting)
- 7/28-8/9 Hiking at Philmont
- 8/9 travel to William AZ camp at Homolovi SP – 1 night
- 8/10 Travel to Mesa, AZ camp at Apache Junction KOA – 1 night
- 8/11 Leave Phoenix